

List of Emotions and Feelings

UNEASY	ANGRY	Notes
<input type="checkbox"/> nervous	<input type="checkbox"/> frustrated	
<input type="checkbox"/> tense	<input type="checkbox"/> cross	
<input type="checkbox"/> anxious	<input type="checkbox"/> irritated	
<input type="checkbox"/> flustered	<input type="checkbox"/> annoyed	
<input type="checkbox"/> insecure	<input type="checkbox"/> furious	
<input type="checkbox"/> angry	<input type="checkbox"/> livid	
<input type="checkbox"/> cross	<input type="checkbox"/> enraged	
<input type="checkbox"/> confused	<input type="checkbox"/> hurt	
<input type="checkbox"/> bored	<input type="checkbox"/> inadequate	
<input type="checkbox"/> flat	<input type="checkbox"/> trapped	
<input type="checkbox"/> apathetic	<input type="checkbox"/> tired	
<input type="checkbox"/> weak	<input type="checkbox"/> scared	
<input type="checkbox"/> shocked	<input type="checkbox"/> embarrassed	
<input type="checkbox"/> pressured	<input type="checkbox"/> used	
<input type="checkbox"/> uncomfortable	<input type="checkbox"/> jealous	

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|--|---|
| <input type="checkbox"/> lonely
<input type="checkbox"/> discontented
<input type="checkbox"/> foolish | <input type="checkbox"/> overburdened
<input type="checkbox"/> pissed-off
<input type="checkbox"/> miffed |
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UNEASY	ANGRY	Notes
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| stupid
<input type="checkbox"/> awkward
<input type="checkbox"/> silly
<input type="checkbox"/> embarrassed
<input type="checkbox"/> low
<input type="checkbox"/> envious
<input type="checkbox"/> uneasy
<input type="checkbox"/> silly
<input type="checkbox"/> self-conscious
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/> | <input type="checkbox"/> disgusted
<input type="checkbox"/> aggrieved
<input type="checkbox"/> disdain
<input type="checkbox"/> scornful
<input type="checkbox"/> enraged
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/> |
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FRIGHTENED	HAPPY	Notes
<input type="checkbox"/> uneasy	<input type="checkbox"/> pleased	
<input type="checkbox"/> weak	<input type="checkbox"/> glad	
<input type="checkbox"/> insecure	<input type="checkbox"/> wonderful	
<input type="checkbox"/> inadequate	<input type="checkbox"/> elated	
<input type="checkbox"/> tense	<input type="checkbox"/> excited	
<input type="checkbox"/> anxious	<input type="checkbox"/> content	
<input type="checkbox"/> nervous	<input type="checkbox"/> surprised	
<input type="checkbox"/> scared	<input type="checkbox"/> proud	
<input type="checkbox"/> petrified	<input type="checkbox"/> relieved	
<input type="checkbox"/> threatened	<input type="checkbox"/> satisfied	
<input type="checkbox"/> trapped	<input type="checkbox"/> confident	
<input type="checkbox"/> horrified	<input type="checkbox"/> hopeful	
<input type="checkbox"/> used	<input type="checkbox"/> peaceful	
<input type="checkbox"/> despairing	<input type="checkbox"/> comfortable	
<input type="checkbox"/> miserable	<input type="checkbox"/> calm	
<input type="checkbox"/> lonely	<input type="checkbox"/> Relaxed	
<input type="checkbox"/> shocked	<input type="checkbox"/> warm	
<input type="checkbox"/> traumatised	<input type="checkbox"/> overjoyed	

terrified

over the moon

FRIGHTENED	HAPPY	Notes
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ashamed

love

overwhelmed

loved

persecuted

grateful

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romantic

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Notes

NEGATIVE	POSITIVE	Notes
<input type="checkbox"/> distrustful	<input type="checkbox"/> determined	
<input type="checkbox"/> suspicious	<input type="checkbox"/> forgiving	
<input type="checkbox"/> scornful	<input type="checkbox"/> hopeful	
<input type="checkbox"/> disdain	<input type="checkbox"/> motivated	
<input type="checkbox"/> bitter	<input type="checkbox"/> inspired	
<input type="checkbox"/> stupid	<input type="checkbox"/> daring	
<input type="checkbox"/> worthless	<input type="checkbox"/> energetic	
<input type="checkbox"/> jealous	<input type="checkbox"/> energised	
<input type="checkbox"/> paranoid	<input type="checkbox"/> loving	
<input type="checkbox"/> resentful	<input type="checkbox"/> eager	
<input type="checkbox"/> contempt	<input type="checkbox"/> excited	
<input type="checkbox"/> empty	<input type="checkbox"/> receptive	
<input type="checkbox"/> put upon	<input type="checkbox"/> happy	
<input type="checkbox"/> gloomy	<input type="checkbox"/> caring	
<input type="checkbox"/> irritated	<input type="checkbox"/> confident	
<input type="checkbox"/> resentful	<input type="checkbox"/> hopeful	
<input type="checkbox"/> disgruntled	<input type="checkbox"/> strong	
<input type="checkbox"/>	<input type="checkbox"/> vitality	

NEGATIVE	POSITIVE	Notes
<input type="checkbox"/>	<input type="checkbox"/> joy	
<input type="checkbox"/>	<input type="checkbox"/> grateful	
<input type="checkbox"/>	<input type="checkbox"/> serene	
	<input type="checkbox"/> in awe	
	<input type="checkbox"/> amused	
	<input type="checkbox"/> amazed	
	<input type="checkbox"/> thankful	
	<input type="checkbox"/> content	
	<input type="checkbox"/> peaceful	
	<input type="checkbox"/> self-assured	
	<input type="checkbox"/> proud	
	<input type="checkbox"/> Trusting	
	<input type="checkbox"/>	
	<input type="checkbox"/>	
	<input type="checkbox"/>	
	<input type="checkbox"/>	
	<input type="checkbox"/>	
	<input type="checkbox"/>	
	<input type="checkbox"/>	

UNHAPPY	UPSET	Notes
<ul style="list-style-type: none"><input type="checkbox"/> hurt<input type="checkbox"/> upset<input type="checkbox"/> lonely<input type="checkbox"/> guilty<input type="checkbox"/> miserable<input type="checkbox"/> bereft<input type="checkbox"/> despairing<input type="checkbox"/> devastated<input type="checkbox"/> lost<input type="checkbox"/> down<input type="checkbox"/> depressed<input type="checkbox"/> low<input type="checkbox"/> grief<input type="checkbox"/> sad<input type="checkbox"/> humiliated<input type="checkbox"/> ashamed<input type="checkbox"/> rejected<input type="checkbox"/> self-conscious	<ul style="list-style-type: none"><input type="checkbox"/> angry<input type="checkbox"/> frustrated<input type="checkbox"/> cross<input type="checkbox"/> sad<input type="checkbox"/> tearful<input type="checkbox"/> hurt<input type="checkbox"/> miserable<input type="checkbox"/> weepy<input type="checkbox"/> irritated<input type="checkbox"/> shame<input type="checkbox"/> regretful<input type="checkbox"/> annoyed<input type="checkbox"/> bothered<input type="checkbox"/> insulted<input type="checkbox"/> embarrassed<input type="checkbox"/> troubled<input type="checkbox"/> worried	

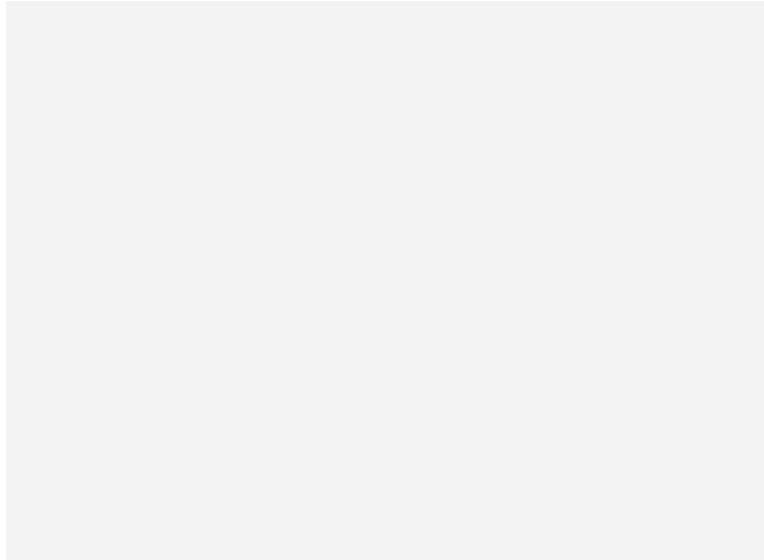
overwhelmed

concerned

UNHAPPY	UPSET	Notes
<input type="checkbox"/> used <input type="checkbox"/> embarrassed <input type="checkbox"/> downhearted <input type="checkbox"/> suicidal <input type="checkbox"/> empty <input type="checkbox"/> offended <input type="checkbox"/> wary <input type="checkbox"/> melancholic <input type="checkbox"/> Shattered <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> Mixed Up <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<div style="background-color: #e0e0e0; width: 100%; height: 100%;"></div>

CONFUSED	Notes
<ul style="list-style-type: none"><input type="checkbox"/> hurt<input type="checkbox"/> upset<input type="checkbox"/> lonely<input type="checkbox"/> inadequate<input type="checkbox"/> cross<input type="checkbox"/> miserable<input type="checkbox"/> shocked<input type="checkbox"/> mixed-up<input type="checkbox"/> nervous<input type="checkbox"/> scared<input type="checkbox"/> discontented<input type="checkbox"/> foolish<input type="checkbox"/> stupid<input type="checkbox"/> jealous<input type="checkbox"/> amazed<input type="checkbox"/> baffled<input type="checkbox"/> surprised<input type="checkbox"/> wary<input type="checkbox"/> vulnerable	

- stressed
- Anxious
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Notes

